



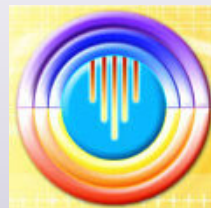
You're invited...

Come to play and join the many others who have found the exciting way to relax and shift your consciousness with **FENG SHUI FOR YOUR BODY!** This is your chance to empower a personal change while having fun and gaining support from new friends.

...It's a Playdate!

Join us at our next events:

Matrix Energetics Group Sessions



When: Monday Evenings at 7pm
(October 18th, 25th & Nov 1st)

Where: 2333 First Avenue, Suite 105

Each person will get to experience Matrix Energetics.

Suggested Donation \$20.00

It is all BS! What BS (belief system) are you living with? How is it working for you? Are you stuck in a pattern, stressed or have a chronic condition? If so, your BS could be keeping that in your life; more on that momentarily. Here are a few things to look forward to this October: better Charger football, fall, daylight saving time, Halloween and oh yeah my *new* website. Check out my new website at www.FengShuiForYourBody.com.

The Monday night Matrix Energetics group sessions have been growing in September. If you are looking for a fun way to shift your reality come check it out! There are some photos on the website. You can see stuff is happening in the photos (and no the camera was not moving). In addition to feeling a change we have a small discussion on various topics and then people can share their experiences of what is different. The group sessions are every Monday night at 7pm.

Now back to all that BS stuff. We all have stories and beliefs about why the way things are. What if there is another reason or another way of looking at a situation? Your BS could keep you from seeing it, because if one thing could be different than your entire BS about that issue would crumple and your story would no longer support you. Even as you change and update your BS, it is still your BS. As long as your BS supports you and moves you in your desired direction, go with that. You can always change it if needed.

How can you tell if your BS supports you? Here is how I know. If I get the desired outcomes I am looking for I am headed in the right direction, hence my BS supports me. If I keep ending up with outcomes I do not desire than something is not supporting me having that experience, my BS are probably in the way.

There are many ways you could change your BS, and I tired many. By noticing what you notice, being open to all possibilities and having fun you begin to see things differently and as a result you shift your BS, and get that "Aha" moment. The key is having fun in what you are doing.

When you are ready to experience what I just mentioned call the office to schedule a private session, come on a Monday or do both. ■

FENG SHUI FOR YOUR BODY

We give you more "Aha!" moments



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www.FengShuiForYourBody.com

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Upcoming Events

Matrix Energetics Group Sessions

October 18th, 2010 7pm
October 25th, 2010 7pm
November 1st, 2010 7pm



Oil of the month:

Gratitude

This essential oil blend is designed to elevate the spirit, calm emotions and bring relief to the body while helping to foster a grateful attitude.